



Term 5 Dates			
Tue	INSET Day		
18 Apr	Yr 11 students return		
Wed 19 Apr	All students return		
Mon 1 May	Bank Holiday		

Please contact the Academy for more information about our events.

**End of Term** 

Fri

26 Mav

Dear Parent/Carer

Welcome to the Term 4 newsletter. There has been much to celebrate this term.

Our Debating club had their first foray at competing by taking part in the Senior Ark Debate in London. Well done girls!

Comic Relief raised over £800 for charity as our girls proudly contributed to another

worthy cause. We celebrated World Book Day and International Women's Day with events around the school. A number of Year 11 students went on a residential Revision Trip which also included outdoor activities.

The term culminated in a spectacular Dance Show thanks to the immense efforts of Ms Vanner and her team. All year groups were represented and they were joined by our local primary school, Sandown.

I would like to take this opportunity to thank staff, students and parents for their continued support. I would also like to wish all students who are sitting public examinations the very best of luck. I know you will be very successful.

Finally a reminder that Year 11 students will return to the Academy on Tuesday 18th April and we expect to welcome Years 7-10 on Wednesday 19th April, 2017.

Ms Dohel Principal

Proud to be at Helenswood



#### Parents, did you know:

- Children need at least 8 hours sleep a night
- Nearly 50% get less
- Nearly 75% use computers / tablets / phones at night
- Bright lights at night affect sleep patterns
- Many children are too tired to learn

#### What you can do:

- Switch off your internet router at 9pm
- No computers / tablets / phones after 9pm

### World Book Day

We celebrated World Book Day in typical 'theatrical' style by dressing up as our favourite book characters.



Recognise anyone?





### International Women's Day

What better way to celebrate International Women's Day than with inspirational speakers from many local companies and colleges.





With special thanks to Sussex Police, Plumpton College, Beaming Broadband and many more, our IWD2017 day was really information and supportive or our students.

Check our Facebook, Instagram or Twitter account for interviews with students on their aspirations.





# Raising money for Comic Relief with Red Nose Day

Always charitable at Ark Helenswood Academy, we raised over £800 for Comic Relief having a mufti-day and of course, big red noses. Thanks to Chastity for making us laugh with this photo.



### 1066 Schools' Book Awards

A joint winner! 13 Hours by Narinder Dhami and We are All Made of Molecules by Susin Nielsen have won this years 1066 Schools' Book Award.



Inspire . Achiev

### The incredible, the fabulous Ark Helenswood Dance Show

If you follow us online you'll have seen sneak previews of behind the scenes and the upcoming DVD. We'll let you know when it's available.



There are hundreds of photos of the Dance Show available on our Facebook page.





















### Year 10 students creating for the Hastings Pier Yarn Bomb event



Helenswood Art Department have been collaborating with local textiles artist, Claire Buckley, to create woven fish to be included in the Hastings Pier Yarn Bomb event. This is to celebrate the pier's first birthday since it reopened. Claire has delivered 6 workshops with our students where they have learnt how to weave and explored different textures, weaves and knot techniques.

Year 10 Art students have been studying the Local Environment as part of their GCSE and visited the pier in late September at the start of their GCSE project. They will be finishing their project with the chance to display their work in their local environment, on the Pier where it all started. The elements of their local environment will even change the appearance of their work as the wind, sea rain and sun affect the textiles.

Inspire . Achieve . Excel

The finished project which will include work from other schools, community projects and community workshops is on display at the pier from 24th March for 3 weeks.

# Incredible effort at the Ark Senior Debating Competition

This was the first time that the girls had attended a debating competition and they rose to the occasion. There were nine Ark teams in total and many of the pupils on the other teams were in Years 10 and 11. The girls worked together as a team and their confidence grew with each round, helped by the fact that they listened intently to the judges' feedback and then acted on it.



They are so enthused about debating that they now want to challenge Ark William Parker to a debate!



The girls did not get through to the final, which took place between Year 10 and 11 pupils, but they did very well in the rounds they took part in. They were very articulate and made many intelligent and thoughtful points in their debates, often having to think quickly on their feet. Their behaviour was impeccable all day and they were a credit to Helenswood.

"This debate competition was really inspiring."

"I thought that today was a great experience and it helped build my confidence."

"I enjoyed the competition. It improved my competitive nature and my confidence. I found the people helping us very inspiring."



## Year 11 Easter Revision Sessions

Date	Time	Subject	Students
Monday 3rd April	9am-3pm	DT Art Photography Business Studies Catering	Open to all
Tuesday 4th April	9am-1pm	English	Open to all
Wednesday 5th April	9am-1pm	English	Open to all
Thursday 6th April	10am-3pm	Child Dev. Geography	Open to all
Friday 7th April	9am-1pm	History	Open to all
Monday 10th April	10am-3pm 9am-1pm	Computer Sc. English	Open to all
Tuesday 11th April	9am-1pm	Languages	Open to all
Wednesday 12th April	9am-3pm	Science	Selected students doing the Further Additional only
Thursday 13th April	9am-3pm	Maths	Open to all

#### Have a wonderful break!