

**POWER
FOR
GOOD**

#ANTIBULLYINGWEEK





What does the word 'bullying' mean to you?





Do you think bullying happens a lot?

- A survey of over 11,000 secondary pupils in England and Wales reported that **11%** said they had been bullied a lot and **33%** sometimes.
 - Of those bullied, **88%** reported it happening in school, also **31%** out of school, **15%** in cyberspace, **13%** on a mobile phone, and **15%** on the journey to/from school.
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Why does bullying happen?

Bullying is often a result of prejudice. Prejudice can take many forms, including:

- Sexual/sexist
- Homophobic
- Targeted at race and/or faith
- Disability



What are the effects of bullying?

- **Low self-esteem**
- **Overeating, anorexia**
- **Depression**
- **Lower grades**
- **Difficulty in forming personal relationships**



What is bullying?

Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

Is this bullying?

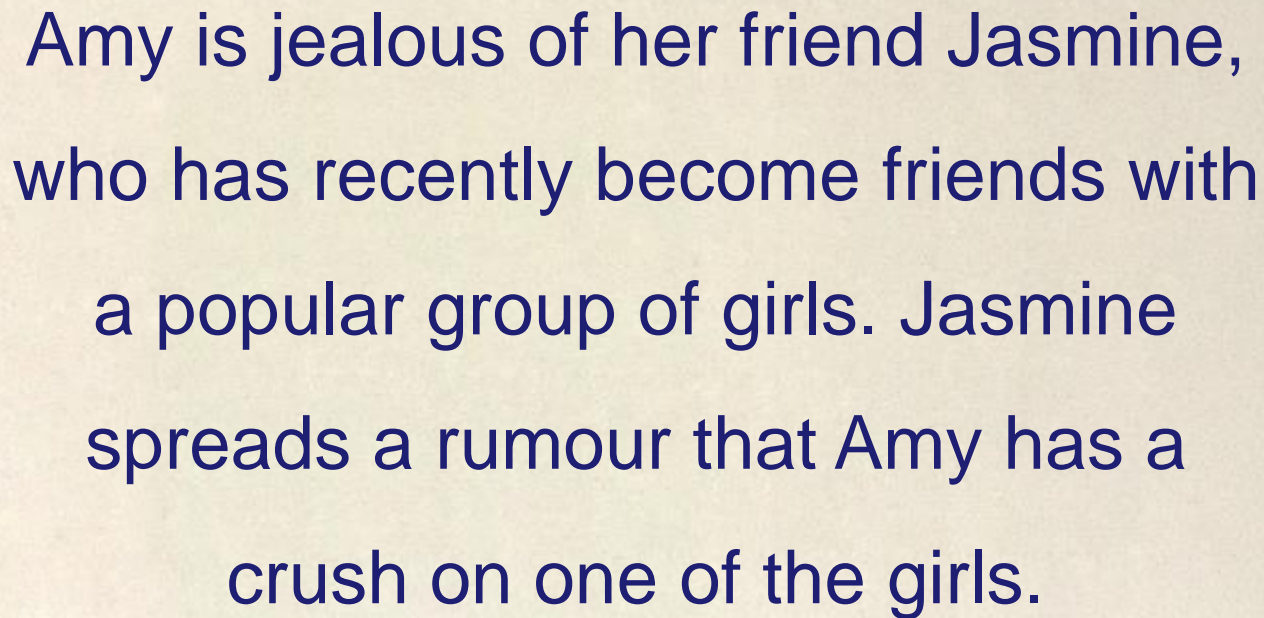
Jack creates a fake social-media profile in Aaron's name.

Jack uses the account to spread rumours about Aaron.

Is this bullying?

Luke sends an embarrassing
picture of his ex-girlfriend Lucy
to several of his friends.

Is this bullying?

A spiral-bound notebook with a metal binding on the left side, lying flat. The page is cream-colored and contains the text of the scenario.

Amy is jealous of her friend Jasmine, who has recently become friends with a popular group of girls. Jasmine spreads a rumour that Amy has a crush on one of the girls.



Power for Good

Anti-Bullying Week 2018 - official film (*Bullied*)

St Helens College 14-16 Academy



What can we do to prevent bullying?



ONE
kind word
can
CHANGE
someone's
ENTIRE DAY

- How do we deal with bullying in our school?
 - What should you do if you see someone being bullied or suspect that bullying is taking place?
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