Instructions

- Use black ink or ball-point pen.
- Fill in the boxes at the top of this page with your name, centre number and learner registration number.
- Answer all questions.
- Answer the questions in the spaces provided – there may be more space than you need.

Information

- The total mark for this paper is 50.
- The marks for each question are shown in brackets – use this as a guide as to how much time to spend on each question.

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.
Answer ALL questions.

Some questions must be answered with a cross in a box ✗. If you change your mind about an answer, put a line through the box and then mark your new answer with a cross ✗.

1. Adults can meet children's **physical** needs by providing:

   - A Everyday routines
   - B A relaxing sleep area
   - C Problem-solving activities
   - D A range of friendships

   (Total for Question 1 = 1 mark)

2. **Gross** and **fine motor** development is to do with developing:

   - A Friendships
   - B Feelings
   - C Perception
   - D Coordination

   (Total for Question 2 = 1 mark)

3. Identify how children's growth is plotted.

   - A On daily diaries
   - B Through milestones
   - C On centile charts
   - D Through adult support

   (Total for Question 3 = 1 mark)

4. Identify **two** examples of **emotional and social** development.

   - A Speaking
   - B Feelings
   - C Hormones
   - D Interacting
   - E Perception

   (Total for Question 4 = 2 marks)
5 Identify two reflexes a child is born with.

- A Startling
- B Singing
- C Rolling
- D Crawling
- E Grasping

(Total for Question 5 = 2 marks)

6 Children with language delay may become:

- A Secure
- B Healthy
- C Frustrated
- D Cooperative

(Total for Question 6 = 1 mark)
7  (a) Give the age a child should be able to recognise self in a mirror.

![Figure 1](image1)

(b) Give the age a child should be able to recognise numbers up to 100.

![Figure 2](image2)

(c) State the area of development shown in Figure 2 above.

(Total for Question 7 = 3 marks)
8. From **seven years** old a child should be able to complete a simple maze.

Give two other **cognitive** milestones a child should be able to achieve from **seven years** old.

1. ..........................................................................................................................

2. ..........................................................................................................................

(Total for Question 8 = 2 marks)

9. Rachel is beginning to play cooperatively and show clear friendship preferences.

Give the **age range** that Rachel is likely to be within.

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(Total for Question 9 = 1 mark)
10 Greg is six months old and meeting expected milestones. Greg can roll over from back to front and reach for a toy.

(a) Give one other gross motor skill Greg should reach between six and 12 months old.

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(b) Give two other fine motor skills Greg should reach between six and 12 months old.

1 ..........................................................................................................................
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2 ..........................................................................................................................
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(Total for Question 10 = 3 marks)

11 Kelly is two and a half years old and meeting expected milestones. Kelly is able to jump with two feet together.

Give two other gross motor skills Kelly is expected to reach by the time she reaches four years old.

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2 ..........................................................................................................................
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(Total for Question 11 = 2 marks)
12 (a) Khalid is six months old and meeting expected milestones. Khalid is able to make sounds such as ‘da’ and ‘ba’.

Give two other communication and language milestones Khalid should reach between six and 12 months old.

(b) Khalid’s childminder is making happy and sad faces so Khalid learns to recognise and respond to her changing emotions.

Describe two other ways the childminder can support Khalid’s emotional and social development to meet expected milestones between six and 12 months old.

(Total for Question 12 = 6 marks)
13 Give **two communication and language** milestones a child should reach between **three** and **four years** old.

1 ..........................................................................................................................................

2 ..........................................................................................................................................

(Total for Question 13 = 2 marks)

14 Grant is **three years** old and meeting expected milestones.

To encourage Grant to complete a simple puzzle, his key person has provided him with a jigsaw puzzle. This will help his problem-solving skills.

Recommend **two** other ways Grant’s key person can support his **cognitive** skills to reach expected milestones at **four years** old.

Your response should include:
- age/stage milestones at **four years** old
- age appropriate resources/activities
- how these resources/activities support Grant’s **cognitive** skills.

1 ..........................................................................................................................................

2 ..........................................................................................................................................

(Total for Question 14 = 6 marks)
Carrie is **four years** old and meeting expected milestones.

To encourage Carrie to play with other children, her key person has set up a role-play area.

Explain **two** other ways Carrie's key person can support her **emotional and social** skills to meet expected milestones between **four and five years** old.

Your response should include the:
- age/stage milestones
- support/resources/activities the key person can provide.

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2. ..................................................................................................................................

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(Total for Question 15 = 4 marks)
Ava is nearly **two years** old and meeting expected milestones.

To encourage Ava to feed herself, adults in the nursery have provided her with a fork and spoon at lunchtime.

Explain **two** other ways adults can support Ava’s **fine motor skills** to meet expected milestones between **two** and **three years** old.

Your response should include the:
- age/stage milestones
- support/resources/activities the key person can provide.

1

2

(Total for Question 16 = 4 marks)
Assess how using the ‘healthy eating’ theme can support children's cognitive development between five and eight years old.

Your response should include:
• appropriate activities/resources linked to ‘healthy eating’
• expected cognitive milestones between five and eight years old
• judgements on the negative/positive impact for one other area of development.

Adults at Shirevale after school club are promoting ‘healthy eating’ to children aged five years.

They are encouraging the children to ask questions by showing them pictures of food from around the world.