Children’s Play, Learning and Development
Unit 1: Patterns of Child Development

Wednesday 10 January 2018 – Afternoon
Time: 1 hour

You do not need any other materials.

Instructions
- Use black ink or ball-point pen.
- Fill in the boxes at the top of this page with your name, centre number and learner registration number.
- Answer all questions.
- Answer the questions in the spaces provided – there may be more space than you need.

Information
- The total mark for this paper is 50.
- The marks for each question are shown in brackets – use this as a guide as to how much time to spend on each question.

Advice
- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.
Answer ALL questions.

Some questions must be answered with a cross in a box ✗. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ✗.

1. Hopping on one foot is an example of:
   - □ A  Fine motor development
   - □ B  Cognitive development
   - □ C  Gross motor development
   - □ D  Social development

   (Total for Question 1 = 1 mark)

2. Using milestones helps adults to:
   - □ A  Understand patterns of development
   - □ B  Maintain appropriate proximity
   - □ C  Encourage creative expression
   - □ D  Understand children's thought processes

   (Total for Question 2 = 1 mark)

3. Which activity promotes a child's gross motor development?
   - □ A  Reading a book
   - □ B  Completing a puzzle
   - □ C  Drawing with crayons
   - □ D  Kicking a ball

   (Total for Question 3 = 1 mark)

4. Identify two communication and language milestones expected of a child aged 12 months.
   - □ A  Walks holding on to furniture
   - □ B  Understands simple instructions
   - □ C  Begins to coo
   - □ D  Asks questions
   - □ E  Knows own name

   (Total for Question 4 = 2 marks)
5 Identify two cognitive milestones expected of a child aged three months.

- A Follows movement with eyes
- B Explores their environment
- C Remembers past experiences
- D Recognises familiar routines
- E Completes simple puzzles

(Total for Question 5 = 2 marks)

6 (a) What age can a child first smile?

(b) Which area of development relates to a child smiling for the first time?

(Total for Question 6 = 2 marks)

7 Cognitive development is the way children develop thought processes.

Give two other examples of cognitive development.

1

2

(Total for Question 7 = 2 marks)
8  (a) At what age can a child begin to feed themselves with a spoon?

(b) At what age can a child begin to tie and untie their shoelaces?

(c) Which area of development is shown in Figure 2?

(Total for Question 8 = 3 marks)
9 (a) Give one example of a reflex expected of a newborn baby.

.......................................................................................................................... ...
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(b) Give two examples of gross motor developmental milestones expected of a child aged between three and six months.

1 ..........................................................................................................................
..........................................................................................................................

2 ..........................................................................................................................
..........................................................................................................................

(Total for Question 9 = 3 marks)

10 Hussain is five years old and meeting expected milestones.

Give two cognitive milestones Hussain is expected to reach by the time he is eight years old.

1 ..........................................................................................................................
..........................................................................................................................

2 ..........................................................................................................................
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(Total for Question 10 = 2 marks)

11 Gemma is two and a half years old and has been attending the local nursery for one year. She enjoys looking at books and playing with the toys in the home corner.

Give two communication and language milestones Gemma is expected to reach by the time she will be three years old.

1 ..........................................................................................................................
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2 ..........................................................................................................................
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(Total for Question 11 = 2 marks)
Adults can support the fine motor development of a child aged between three and four years by providing them with crayons so they can draw a person with a head.

Describe two other ways adults can support a child's fine motor development in this age range.

1. 

2. 

(Total for Question 12 = 4 marks)
Callum is four years old and meeting expected milestones. He attends a local childminder where he enjoys playing in the sand and water trays.

(a) Give two physical milestones Callum is expected to reach between four and five years old.

1. 

2. 

(b) Recommend two ways Callum’s childminder can support his communication and language development to meet expected milestones between four and five years old.

Your response should include:

- the age appropriate milestone
- the appropriate resources/activities
- how these resources/activities support Callum’s development.

(Total for Question 13 = 8 marks)
14 Zach is **18 months old** and attends a local day nursery. 
His key person, Kate, gives him mirrors so he can recognise himself in them.

Explain **two other** ways Kate can support Zach’s cognitive development between **two** and **three years old**.

1. 

2. 

(Total for Question 14 = 4 marks)

15 Temi is **five years old** and attends reception school. Her teacher, Mrs Langley, has noticed Temi is not meeting expected gross motor milestones and has started to provide outdoor activities to encourage Temi to hop.

Describe **two other** ways Mrs Langley can support Temi’s gross motor skills to meet expected milestones at **five years old**.

1. 

2. 

(Total for Question 15 = 4 marks)
Jenny, a key person at Shirevale Nursery, has developed a theme on ‘Pirate Adventures’ for the **three-year-old** children.

She has provided them with crayons and is encouraging them to develop their tripod grasp to colour in skull and cross bones.

Assess how using a ‘Pirate Adventurers’ theme can support children’s **cognitive development** between **three** and **four years old**.

Your response should include:

- age/stage appropriate activities and resources linked to a Pirate theme
- how your examples of activities and resources will support children’s cognitive development
- judgements on the negative impact of not providing activities and resources on children’s cognitive development.